
CAPPNews – May, 2019

President's Message: Joanne Gutzwiller, Ph.D., 2019-20 President

Hello and Happy Spring! As temperatures warm and flowers begin to bloom, I'm reminded of a really fascinating podcast I listened to recently on the *Psychology of Climate Change*. The mental health risks of climate change have been well documented in terms of increasing levels of anxiety, depression and PTSD following climate-related natural disasters. In the past year, we've seen families displaced by wildfires in California and flooding along the coastlines. The psychological toll on these families is significant: many have lost homes and have lived through a great deal of trauma. As scientists predict that these devastating events will continue to accelerate in the months and years to come, psychologists will be called upon to treat displaced and struggling individuals and families. Our most vulnerable populations will need the most help and have the fewest resources. Designing effective delivery systems will be critical.

At the same time, psychologists can have a role in fostering healthy relationships between individuals and the natural world. We know that exposure to nature has physical and psychological health benefits. We also know that individuals who feel a greater connection to the natural world are more invested in its future. Simple things like having plants in our offices, trees outside our office windows, and recycling bins can help foster this connection, as well as psychoeducation about the relationship between nature and our mental health. I'm so encouraged by the environmentally aware children who come into my office every day. They have been well educated at school about the environment and it shows.

CAPP has also made progress in our effort to be a greener organization. We continue to encourage electronic communication and electronic ticket purchasing for our events. We continue to print a paper membership directory but would like to move away from that in the years to come. We welcome your ideas, too. Please don't hesitate to reach out to a board member with any suggestions you may have.

CAPP has been hard at work on other endeavors in the past few months as well. We recently expanded our membership to include graduate students, interns, and post-doctoral fellows. Drs. Rachel Sparn and Julia King have been reaching out to our local graduate programs to invite students to join CAPP. If any of you know a graduate student who might be interested in joining CAPP, please encourage them to contact us! We also hope you've enjoyed our Spring continuing education offerings. Dr. Shannon's Personality Disorders workshop was especially interesting. He was so well received that we may invite him back for a future event so stay tuned!

Lastly, I wanted to thank each and every one of you for your ongoing support of CAPP. We couldn't do this without you. Have a great summer and we'll see you in the Fall!

Treasurer's Report: Alexis Pittenger, Psy.D., 2019 Treasurer

Since joining the CAPP Board this winter, I have learned two important things: First, CAPP is in a better financial position now than in years past. This is due to a combination of factors, including Dr. Chard's well-attended workshop last year, as well as Dr. Cori Yaeger's skilled navigation of various financial challenges. For example, in January of 2019, Cori wisely suggested moving money from savings into a CD with better interest. Even a small change in interest rates makes a difference over the long term. While the news is generally good, the second thing that I have learned is that CAPP has weathered many financial challenges, and there are more ahead. Certain things, such as internet / website work, can be pricey at times. Another concern is attendance at CAPP events, such as dinner meetings. Dr. Stephen Billmann recently gave an excellent talk on insomnia, but unfortunately the meeting was not as well attended as we hoped. The Board is working hard to find exciting speakers (check out the website!) and to problem-solve ways to encourage attendance. Lastly, we are working hard to attract new members to CAPP, as this is an important part of maintaining CAPP's financial stability. Drs. Rachel Sparn and Julia King are doing a lot of outreach, and we hope to continue to attract new psychologists to CAPP. If you know of anyone who might be interested in joining CAPP, please encourage them to apply! Thanks everyone and have a great summer!

Membership/Marketing News: Rachel Sparr, Psy.D., 2019 Membership Chair

I am finishing out this season strong in my new role as Membership Marketing Chair, along with my partner-in-crime, the Public Relations Chair, Dr. Julia King. Together we were able to recruit CAPP volunteers to help out at the 1in5 organization's Spring4Life event in April. This was a wonderful, inspiring event focused on fundraising and awareness for mental health education and suicide prevention in Cincinnati schools. It was exciting to have CAPP members play a role in helping the event come to fruition. Our goal is to capitalize on opportunities in the community like this and we continue to encourage you to volunteer! The next 1in5 event, the Warrior Run, will take place this October - be on the lookout for details as the date nears!

In membership news, Dr. King and I have secured meetings with several local universities early this fall to provide education about CAPP and its opportunities and to recruit new members. We will also have a graduate student volunteer from a local university begin attending CAPP board meetings once monthly to serve as a liaison between their community and ours - to exchange information, ideas, and energy!

A warm welcome to our newest CAPP members:

Megan Murray, Ph.D.

Dr. Murray received her Ph.D. from University of Cincinnati in 1997. She is currently working with a group practice. Dr. Murray specializes in the treatment of adults with a broad range of difficulties including mood disorders, trauma, and stress management concerns.

Cathy Giovanetti, Psy.D. (Associate CAPP member)

Dr. Giovanetti received her Psy.D. from Union Institute & University in 2017. She is currently working in a private practice setting. She works with adolescents, adults, and the geriatric population with a broad range of difficulties including mood disorders and trauma, using a variety of techniques including mindfulness, positive psychology, and DBT.

Jayne Malpede, Ph.D. (Returning CAPP member)

Dr. Malpede has relocated back to the Cincinnati area. She received her Ph.D. from Union Institute & University in 2003. She is currently working at PsychBC in West Chester. She works with adults and geriatric population with concerns including anxiety, depression, grief, substance use, stress management, multicultural issues, and trauma & PTSD. She utilizes techniques such as EMDR and Positive Psychology.

Kathryn Bradley, Psy.D.

Dr. Bradley received her Psy.D. from The George Washington University in 2010. She is currently in private practice in Northern Kentucky. She works with adolescents and adults experiencing anxiety, depression, eating disorders, and stress management. She uses a variety of approaches including psychodynamic psychotherapy.

Program Chair News: Thomas Heitkemper, Ph.D. , 2019 Chair

Upcoming dinner meeting programs (watch the website for more details—we will send an email when registration opens):

***Wednesday, September 25, 2019 - "The Spectrum of Gender Non-Conformity" (2 CEUs for Licensed Psychologists) \$55/\$50/\$35 (no CEUs for student rate; student ID required)
6:00 pm Social/6:20 Dinner/7:00-9:00 pm Program***

Speaker: Sarah Painer World, MSW, LISW-S

Transgender and gender nonconforming youth are a population with increased risk of mental health, safe and health concerns. Clinicians are more and more seeing trans and gender nonconforming youth in their practice and need to be competent in providing quality therapeutic care. Trans and gender nonconforming youth experience high rates of rejection from families, decreased access to care, homelessness, discrimination and abuse and health concerns. Clinicians can offer support and resources to help ensure the wellbeing and safety of this population.

Sarah World is a full-time social worker with the Division of Adolescent and Transition Medicine at Cincinnati Children's Hospital Medical Center (CCHMC) since 2008. She has a Master's degree in Social Work from the University of Kentucky and a Master's degree in Community Health Education from the University of Cincinnati. Sarah has been the clinical social worker for the Transgender Health Program at CCHMC since its inception in 2013 and has been instrumental in helping develop the program. As an independently licensed social worker, Sarah has trained social work students, residents and medical students in providing trans-competent care. Sarah's areas of professional focus are on gender non-conforming and transgender youth and mental health.

Friday– October 5, 2019 - (4-hour Workshop – 4 CEUs for Licensed Psychologists)
\$125/\$100/\$35 student rate (no CEUs for students; student ID required)
7:30 Registration; 8:00 am Workshop begins; 12:15 pm Workshop concludes

Speaker: Wes Houston, Ph.D.

Dr. Houston will present a 4-hour workshop covering topics including normal aging/cognitive functioning, cognitive disorders in aging, assessing various cognitive domains, mental status testing, and non-pharmacological treatments. Registration starts at 7:30 am; the workshop runs from 8 am to 12:15 pm.

Dr. Houston is currently the Director of the Neuropsychology program and clinics at the Cincinnati VAMC. He received his Ph.D. in Clinical Psychology from University of Cincinnati and completed clinical internship at the VA San Diego Healthcare System/University of California, San Diego. His postdoctoral training in clinical neuropsychology was also at the San Diego VAMC. He also completed formal research training in structural and functional neuroimaging of normal and cognitively impaired older adults. Currently, in addition to his clinical responsibilities at the Cincinnati VAMC, he oversees the clinical training of neuropsychology graduate students, psychology interns and post-doctoral fellows. Outside of the VA, he has a clinical practice at Riverhills Neuroscience, Inc., and is co-director, with Dr. Tom Sullivan, for the Neuropsychology section of the concussion management program with the Cincinnati Bengals.

April 3, 2020 we are happy to have Dr. Maria Espinola, Chair of OPA's Diversity Committee, present on diversity issues. This will fulfill the MCE ethics/cultural competency requirement. We are excited to be able to bring this offering to you!

We continue to look for speakers who can present on topics which are of broad interest to our membership and to all psychologists throughout the area. Contact us if you know of (or are!) an engaging speaker who would be willing to present for CAPP!

Board Happening Highlights: James Dahmann, 2019 CAPP Secretary

The board's most recent meeting was May 9, 2019. The board discussed the dinner meeting with Dr. Stephen Billmann held May 1 and the Personality Disorders Workshop from April--hugely successful for those who attended (we will likely have the speaker return sometime in the future) but few did attend, causing us to lose money. The problem seems to be the time of year; we will likely not hold spring workshops (other than ethics workshops) in the spring in the future. In a related matter, it is important members realize we cannot refund registrations at the last minute due to having already spent the funds for food, venue, etc. Our cancellation policy is we can refund fees up until the time we must report our headcount to the venue. After that, we are held to our numbers.

A CAPP member wondered if we could make a list of members accepting Medicare and Medicaid for help in making referrals, and post this on the website. However, this would be a logistical nightmare for staff with the multiple kinds of Medicare and the constantly changing status of providers. Instead, we decided to create a closed Facebook group where clinicians can put (and be responsible for updating) this information themselves. Be on the lookout for more info regarding this from Dr. Julia King.

We are in the process of exploring various data backup systems and cloud storage: Currently, if anything happened to Laura's PC/home we could lose nearly everything. While there will may be an additional cost this seems to the board like an essential step to take.

Dr. Wes Houston has agreed to present a 4-hour workshop to us in October and suggested a number of topics. It will be October 25, 2019. Tom Heitkemper is exploring a lot of other possibilities for future presentations to our membership. We also have an ethics workshop set for April 3, 2020.

Teri Role-Warren reported Cigna Insurance wants only EMDR and substance abuse trained people on their panel right now. Members should report any denied claims to Jim Broyles at OPA.

CAPP had a nice group of volunteers at the 1 in 5 event. It was well organized, and they were grateful for our presence. A photo of all the CAPP volunteers will be posted on the website. We have reserved a booth for the Warrior Run in October. We are working on collaboration with university graduate psychology programs; we have received positive responses from Wright State and Miami. We still need to reach out to Xavier and U.C. We had two Xavier Psy.D. students at the personality workshop. Hopefully these contacts will result in more new psychologists joining CAPP.

If you are interested in more details, the CAPP Board minutes are posted on the website.

Webmaster News: Pete Dillon, Ph.D., 2019 Webmaster

Make the Most of Your Website Listing!

I hope everyone is remembering to make use of the website when thinking about referring patients to colleagues. Searching by specialty area is a great way to jog your memory for folks outside your area of expertise, or for overflow referrals within your area.

Also, take a look at your listing and consider updating it with a picture or a link to your website. Currently, only about **ten percent** (13) of the listings include a **photo and a web link**. About thirty percent (33) include one or the other, while **about sixty percent** (68) include **neither**. Please remember to take full advantage of this resource to bolster your practice!

Social Media/Public Relations: Julia King, Psy.D., 2019 Chair

Social media is a great way to connect to other professionals and to grow your practice!

If you haven't already, please like us on Facebook: "Cincinnati Academy of Professional Psychology" (CAPP)! There you'll find information about upcoming events, opportunities for networking, engagement, and social connection, and updates regarding news in our everchanging industry. Not only do you have the opportunity to find information on these pages, but we welcome your posts as well!

We are considering adding a private, closed group for CAPP members on Facebook. This group would not be visible to the public and could serve as an avenue to provide referrals (e.g., in search of a therapist specializing in the treatment of OCD who is accepting new referrals), inquiries regarding who accepts specific insurances in the context of providing referrals, and a place to market your groups and other offerings to CAPP members. Clear rules would be specified regarding appropriate content and the group would be moderated by CAPP Board members to ensure compliance.

Your thoughts will inform our decision regarding whether to create such a group. Do you have interest? Or concerns? Are you currently a Facebook user? Would you be part of such a group? And if so, how do you anticipate using it? Please e-mail me your thoughts at julia@roottofourish.com

Community-based events are also an excellent way to connect to other professionals and also serve as an avenue to promote CAPP. I am compiling a list of events where it may make sense for CAPP to have a presence, for example, the NAMI walk, 1in5's Warrior Run, and the NEDA Walk. Do you know of any other such events? What interest do you have in participating in order to represent CAPP? Again, please send me your thoughts at julia@roottofourish.com

Please take a moment and follow us on social media—stay up to date on the latest news!



Cincinnati Academy of Professional Psychology (CAPP)



@CAPPNews

Insurance Managed Care Committee: Teri Role-Warren, Ph.D., 2019 Chair

The insurance committee discussed topics that initiated on the OPA list serve. These included an OPA member who didn't know which testing codes to use for report writing; a member reported that Medical Mutual did not allow 96137 with 96131; and another member reported denial of 96127 with a psychotherapy code. The committee informed members that testing code 96127 cannot be billed with a therapy code or an intake, rendering it useless for psychologists, but likely intended as a code for physicians using a mental health-screening tool. The insurance committee also noted that Dr. Kathleen Ashton posted a survey of an APA testing code survey on the list serve.

There was an insurance committee table at the OPA convention which provided members with more information

about how to reach the committee. In other OPA convention news, there was an insurance committee panel discussion with Dr. Jim Broyles as moderator. Dr. Matt Capezuto presented on best practices. Dr. Leslie McClure presented on medical necessity and cpt codes 90834 and 90837. Dr. Christy Taylor presented on testing codes. Dr. Virginia Clark presented on how to file complaints with ODI and for MCD and MCR. There was also ample time for questions.

An insurance committee member, Dr. Mia Biran, passed away recently. Committee member, Dr. Virginia Clark, a prior student of Dr. Biran, said a few words to memorialize her at the OPA convention insurance committee panel discussion.

In an update regarding past reports of paneling problems, CareSource and Buckeye missed the required 90-day deadline to respond to a provider applicant. Dr. Broyles is looking into the matter.

The outcomes of class action lawsuits against UBH in California were discussed. UBH was found to have narrowed definitions of medical necessity and reimbursed providers at lower rates than other insurers. The legal decision was that by these practices, UBH limited patient's access to care. This may explain the recent UBH rate hike in Ohio.

News from the Ohio Psychological Association (OPA): Sarah Greenwell, Psy.D.

With another state, Georgia, passing the PsyPACT into law, OPA has made the passage of PsyPACT a priority and the OPA Advocacy Committee is actively meeting with legislators to snag a sponsor for the bill. APA Public Affairs released a statement in April encouraging more states to pass PsyPACT laws. In addition, with Georgia the seventh state to pass PsyPACT, ASPPA will now begin to implement the PsyPACT initiative. OPA is applying for a grant from APA to help with lobbying expenses to work on the PsyPACT legislative priority. However, psychologists in Ohio can also help by donating to the OPA-Political Action Committee. You become a member of OPA-PAC by going online to OPA's website at www.ohpsych.org/page/OPAPAC.

The OPA Board has developed 3 priorities from its Strategic Plan 2018. Co-Leaders for each priority were selected in March 2019. OPA Committees were assigned to each of the three priorities. The plan is for each group to have monthly meetings for the next 4-5 years addressing the following priorities:

- Priority 1: Help Bring the Opioid Crisis in Ohio to an End;
- Priority 2: Support the Development of Professional Psychology in Ohio; and
- Priority 3: Ally with Communities and Systems.

Other bills OPA is currently involved with include SB88 (the old SB16) introduced by Senator Tina Maharath which is a mandatory cultural competence education bill. Also, Senator Kunze will be introducing a bill that prohibits sexual contact between health care providers and patients. OPA is currently examining a draft of this bill.

Please feel free to contact your OPA representative at sarah.greenwell@cchmc.org with any further questions about OPA.

Save the Date:

- OPA Legislative Day is May 15, 2019 at the Ohio Statehouse

Review of recently held CAPP Events:

COGNITIVE AGING: Can we modify risk of cognitive decline in late life?

Michael Keys, M.D., February 11, 2019

Dr. Mike Keys presented an item of concern to many in the audience, given the predominance of grey heads present (yours truly included). As we age, can we reduce the risk of cognitive problems associated with aging? Many older people report changes in memory, and complaints of this type should not be ignored as frequently they are, in fact, predictive of decline over time. Once they reach the point of mild cognitive impairment (cognitive impairment below the norm for age and educational level) they will likely progress into dementia.

Dr. Keys focused on the medical science and biochemistry behind our cognitive changes and noted a startling statistic: While worldwide the *number* of people with dementia (including Alzheimer's) is increasing--as we all know--the actual *incidence* has been declining! This is quite interesting, given we have no treatment for Alzheimer's except symptomatic treatment. Treatment to halt or reverse the decline has eluded us. Immunotherapy to attack the early markers, and efforts to pluck out amyloid from the brain, have not been successful. There are 5 million with Alzheimer's today, and the figure is expected to rise to 15 million by 2050...scary when Alzheimer's is probably our most expensive disease. Obviously, if we can reduce the risk factors, the savings potential is enormous. And, looking at the decline in incidence, it appears this is possible. A number of modifiable factors for developing Alzheimer's have been identified by researchers:

- Low education
- Midlife hypertension
- Midlife obesity
- Type 2 diabetes
- Physical inactivity
- Smoking
- Untreated depression
- Stroke and cardiovascular disease
- Heavy alcohol use
- Social isolation

Additional factors over which we have no control:

- Age
- Female gender
- Specific genes

Two significant studies--the Framingham Heart Study and the Nun's Study by David Snowden (Univ. of KY, Lexington) found that the level of education is significant. Higher levels are very highly protective (Note: The educational level cutoff in the studies was a high school diploma and above.) Interestingly, higher education is also associated with better cardiovascular health, and better cardiovascular health is another major factor. The other factors (e.g. diet, depression treatment, stress reduction, etc.) were not significant in the Framingham study though in a Finnish study a Norwegian/Mediterranean diet had a positive effect. Other studies suggest social inclusion, exercise, music, and hands-on activities are beneficial. But it is thought that one reason the incidence of dementia is declining is overall our cardiovascular status is getting better.

The development of Alzheimer's Disease is now known to be a 30-40 year process with cognitive signs not appearing until the latter part. Indeed, it may actually be a lifeline disease we are all waiting to get and likely will get if we live long enough. It is suspected insults to the brain (head injury, infections, etc.) accelerate the process. What we know is that it is associated with an increase in beta amyloid and a shrinkage of the hippocampus. If we look at brain MRI's, we start seeing atrophy of the hippocampus with symptoms of mild cognitive impairment, and by the time Alzheimer's symptoms develop the atrophy is significant.

So why haven't the pharmaceutical industry's efforts to remove amyloid been successful? Indeed, there have been no new Alzheimer's drugs since Namenda™ was developed in 2003--and the existing agents are not very effective (in fact, Namenda™ is so ineffective it has never been approved in Europe or Canada). It turns out amyloids may actually be protective! They work to sequester infectious agents and neurological debris, help to repair and maintain synapses, and trigger innate immune responses. What actually seems to be happening is that the blood/brain barrier becomes less effective (seems to get "leaky") as we age. This allows noxious things like bacteria to cross to the brain, triggering an increase in amyloid response. (This also helps explain why elderly develop delirium in response to a urinary tract infection.) Think of Alzheimer's as the brain's way of protecting and repairing itself, but the process is now breaking down.

Physical brain damage is another matter. We know that chronic traumatic encephalopathy (CTE) is associated with increased levels of tau and a greatly shortened lifespan. The relationship of Traumatic Brain Injury (TBI) is less clear, but presence of TBI does seem to raise the risk of Alzheimer's developing later.

We will experience cognitive change. It WILL happen, if we live long enough. We can apparently reduce the impact by focusing on aggressive treatment of vascular disorders such as hypertension, lipid control, etc., and by staying active. (Note: forget supplements--they have no proven effect and some such as ginkgo can be dangerous. There is NO good science on herbal supplements.) Challenge your brain, stay socially engaged, and even with cognitive decline you can have good quality of life.

PERSONALITY DISORDERS WORKSHOP:

Shannon, J. (2019). Understanding and treating personality disorders: The DSM-5 and beyond. Presented to the Cincinnati Academy of Professional Psychology, April 5, 2019.

Joseph Shannon, Ph.D., presented the topic of "Understanding and Treating Personality Disorders: The DSM-5 and Beyond" in an all-day workshop. This is a topic that has confounded and frustrated many of us, so the information gained was quite useful. Dr. Shannon also provided updates to data and diagnostic criteria that have changed since the publication of DSM-5.

The concept of "personality" is a hypothetical construct derived from the data. It is comprised of traits (inborn, inherited, genetic) and habits (learned) with the traits constituting about 60% of our personality and the other 40% learned. When these traits and habits become inflexible and damaging so that the individual is impaired in his/her capacity for love and work, impacting not only the individual but those around him/her, we say the individual has a personality "disorder". Surprisingly, this is quite common with 20% of the population having such a disorder. And while there are gender differences in specific personality disorders, they are spread worldwide with no regard for geography, race, or wealth. While personality disorders are incurable, in some cases they are treatable--but the patient must be motivated to change which is often not the case.

The etiology is complex but focuses on three areas: Developmental problems (e.g. abusive parenting or very permissive parenting), cognitive-behavioral issues resulting from learning, and biological issues particularly neurochemical and brain structure issues. The neurotransmitters serotonin, dopamine, and norepinephrine seem particularly important, and testosterone may play an important role in antisocial personality disorder.

Dr. Shannon reviewed all three clusters and ten types of personality disorders. He noted those in Cluster A (the odd or eccentric disorders) are very rare, affecting about 3% of the world population. In addition to the diagnostic criteria, premorbid factors and comorbid conditions were reviewed. With his fine arts background, Dr. Shannon was also able to cite movies or movie characters to illustrate each of the disorders. Mr. Spock, for Star Trek fans, was portraying someone with Schizoid Personality Disorder. By contrast, Howard Hughes and Michael Jackson probably had Schizotypal Personality Disorder.

He also presented interesting data. For example, 40% of persons having Borderline Personality Disorder do NOT have any history of abuse...but we now know they all have inherited an atypical brain chemistry. Also, while females are diagnosed with this four times as often as males, the disorder is, in fact, distributed equally between the two sexes. 40-45% of politicians have antisocial personality disorders--but #7 on the list of occupations associated with this disorder are psychotherapists! This disorder is far more common among males than females--and while comprising only 4% of the population is responsible for 80% of the crime. With narcissistic disorders, in the cases of males the empathy center of the brain is totally atrophied by age 20; female brains do not show this change.

Have you heard of Perfectionistic Personality Disorder? This is the current correct way to refer to the old Obsessive-Compulsive Personality Disorder and the somewhat newer Compulsive/Perfectionistic Personality Disorder. The change was made to clarify the difference between Obsessive Compulsive Disorder and the personality disorder, as the two were often confused.

Finally, Dr. Shannon covered various treatment models, complete with an extensive reference list and a video of a treatment session with a patient who had Borderline Personality Disorder.

MEMBER'S CORNER:

The Cincinnati Society of Clinical Hypnosis will be offering a free Community Education Program in honor of National Clinical Hypnosis Day – MAY 23, 2019

Topic: *Smoking Cessation Using Clinical Hypnosis: The Benefits*

Have you ever tried to quit smoking? Many people make several attempts to quit before they are successful. Hypnosis can be a useful method to reduce the stress of not smoking and to cope with withdrawal symptoms such as irritability, concentration and hunger. Come learn about the way hypnosis can help you take control of your life again.

Smoking is a serious health problem in our country. More people are addicted to smoking than any other drug. According to the Center for Disease Control, tobacco smoke contains 7000 chemicals. Hundreds of these are

harmful and about 70 can cause cancer. Quitting smoking can improve health risks and increase longevity.

Presenter: Noel Free, MD – has been practicing psychiatry in Cincinnati for 40 years and hypnosis for 20 years. He has extensive experience treating smoking cessation by integrating multiple strategies, including hypnosis, medication and strategic planning.

Location: Symmes Branch Public Library, 11850 Enyart Road, Loveland, OH - 7:00 to 8:00 p.m.

CAPP Member - Sharon Phillips would like to share that she has accepted a **new position** with Mental Health Center of Florida to help expand their practice and will be relocating to Jacksonville, FL at the end of June. Being licensed as a psychologist in both Florida and Ohio, she will have the ability to continue to follow some of her current Ohio clients via video conferencing. Although Sharon will miss CAPP and all the great people she has come to know and work with, she is excited to be reunited with her husband and her youngest son who have been living there for the past 18 months. Sharon's son, Michael, is 16 and is working towards his dream of playing professional basketball. Stay tuned to Michael Phillips—this young man is going places! Her contact info is: Dr. Sharon Phillips LLC, 9078 Union Centre Blvd., Suite 350, West Chester, OH 45069, (513) 785-0831, sharon@doctorsharon.com.

Sharon Phillips would also like to announce a new title from Braughler Books just released which is authored by her college-aged son! **Lone Wolf Mentality: A Millennial Mindset by Benjamin Phillips III**

Wise beyond his years at the age of 19, Phillips speaks about money management, personal mindset, professionalism, and planning for the future. He implores his peers to pursue their dreams regardless of age or stage in life.

"I believe that a major facet of my purpose and drive is to show other young black men, especially my two younger brothers, that there are a myriad and copious number of avenues to success. While we dominate the athletic and music industry, let us not forget to cultivate the rise of other young professionals such as creatives, doctors, engineers, and businesspeople. Anyone can be successful in any field with inner and exterior support...let nobody determine when it is your time to be great, force them to acknowledge it on their time while you focus on yourself."

An inspiring and educational read for high school, college age, and young adults alike—share this title with your clients! **Copies of Lone Wolf Mentality** can be purchased from Amazon, Barnes & Noble, and other retail outlets.

CLASSIFIEDS:

Psychology: The Department of Psychology at Miami University seeks outstanding applicant for a 12-month, half-time (i.e., 20 hours / week) staff position to serve as the **Director of the Department's Psychology Clinic** to coordinate and manage day-to-day operations of the clinic within the standards of local, state, and federal laws and regulations; maintain clinical records and clinical research database; graduate teaching (including providing supervision of graduate student trainees conducting clinical assessments and providing psychotherapy); supervise graduate student doctoral associate and senior program assistant; develop and maintain relationships with outside entities and agencies. The Clinic is the in-house training clinic for our APA accredited PhD program in clinical psychology. Our department strongly values diversity and inclusivity (see: <http://MiamiOH.edu/psy-diversity>) and is committed to diversifying the representation of its staff. The position is to begin August 1, 2019.

Require: Doctoral degree in clinical or counseling psychology from an accredited institution and a clinical internship, both from APA-accredited programs. Licensed or license-eligible as a doctoral-level psychologist in the State of Ohio. Must be able to supervise cognitive, personality, and intelligence assessments for adults.

Desire: Experience in provision or supervision of clinical assessment across the lifespan, psychotherapy groups, or with clients with substance use disorders is preferred.

Applicants should submit the following: Cover letter, curriculum vitae, the names and email addresses for at least 3 reference letter writers to <http://jobs.miamioh.edu/cw/en-us/job/495186>. In the cover letter applicants should describe their theoretical orientation as well as their approach to clinical assessment and supervision. **Direct inquiries to Aaron Luebbe at luebba2@miamioh.edu. Review of applications begins May 10, 2019 and continues until position is filled.**

Miami University, an Equal Opportunity/Affirmative Action employer, encourages applications from minorities, women, protected veterans and individuals with disabilities. Miami University prohibits harassment, discrimination and retaliation on the basis of sex/gender (including sexual harassment, sexual violence, sexual misconduct, domestic violence, dating violence, or stalking), race, color, religion, national origin (ancestry), disability, age (40 years or older), sexual orientation, gender identity, pregnancy, status as a parent or foster parent, military status, or veteran status in its recruitment, selection,

and employment practices. Requests for all reasonable accommodations for disabilities related to employment should be directed to ADAFacultyStaff@miamioh.edu or 513-529-3560.

As part of the University's commitment to maintaining a healthy and safe living, learning, and working environment, we encourage you to read Miami University's Annual Security & Fire Safety Report at <http://www.miamioh.edu/campus-safety/annual-report/index.html>, which contains information about campus safety, crime statistics, and our drug and alcohol abuse and prevention program designed to prevent the unlawful possession, use, and distribution of drugs and alcohol on campus and at university events and activities. This report also contains information on programs and policies designed to prevent and address sexual violence, domestic violence, dating violence, and stalking. Each year, email notification of this website is made to all faculty, staff, and enrolled students. Written notification is also provided to prospective students and employees. Hard copies of the Annual Security & Fire Safety Report may be obtained from the Miami University Police Department at (513) 529-2225.

Office Rental or Purchase Opportunity: Rent space (full time or shared) or purchase ownership in an established professional building. Terrific Kenwood location that is close to I-71 and the Kenwood Towne Centre. Collegial atmosphere, excellent potential for referrals, secretarial services available. **Contact: Gary Schneider, Ph.D., Tom Kalin, Ph.D., Leslie Swift, Ph.D. (513) 791-8849.**

Please remember to visit www.cappnet.org for updates/events, etc.!
