

Board Meeting Minutes

April 8, 2021.

Conducted via Zoom

Present: Drs. Bailey Bryant, Jim Dahmann, Joanne Gutzwiller, Alexis Pittenger, Teri Role-Warren, Rachel Sparn, Amber Stevens, Susan Urmetz, Nikki Winchester, and our student rep, Ms. Heather Felerski.

Absent: Drs. Teri Role-Warren and Amber Stevens

President's Comments: Dr. Rachel Sparn

Inclusivity Chair: This topic remained on the Agenda without a named chair. The Committee will be meeting again within the next few weeks. CAPP continues work to identify a speaker on diversity for a Spring 2021 offering.

Treasurer: Dr. Alexis Pittenger shared the Treasurer's Report with the Board via email. Nothing of note occurred during the month.

OPA: Dr. Bailey Bryant

- Dr. Bryant reported we shared with our members the DAPA virtual workshop on the life cycle of a psychologist they are hosting in April.
- Telepsychology parity Bill – awaiting floor vote
- OPA convention runs 4/21 through 4/23, 2021 – virtual
- The House has created a Behavioral Health Committee which will allow increased attention to mental health bills rather than being combined with physical health bills.
- The Prescription Privileges legislation continues in limbo as the search continues for a sponsor.

Programs: Drs. Pittenger and Role-Warren

Dr. Role-Warren reached out to Dr. Deborah Plummer who was very interested, however, her pricing was out of CAPP's budget. Brainstorming occurred within the group for possible speakers. The following names were discussed: Drs. Furey, Kniffley, Williams (disability), Ken Drude (telehealth), Joseph Shannon (various topics, he presented to us on personality disorders awhile back and was very well reviewed), David Reed-Sceh, clinical neuro and clinical work, sports performance, health psychology, procedural fears, sex therapy (group felt not enough scope for members), kid topic with high anxiety due to covid being explored – bring back Dr. Wright-Berryman? Hypnosis, Telehealth for Fall 21.

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Speakers will be followed up with and information shared via email as we need to make a decision on our line up as soon as possible.

Topics for Fall being considered are those discussed above as well as:

- Self-care with Dr. Ashley Solomon? Dr. Role-Warren contacting.
- Telehealth/PsyPact--Dr. Ken Drude to present? Possibly Monday October 18th or 25th
- Social in September possibly outside (Sunday the 12th?). Hopefully more people come as a result of the pandemic. We will keep the setting inexpensive in case we have low attendance. Everybody will bring their own food and drink
- Although Sex and relationship therapy was suggested for a future workshop, Sexual Health might be an even bigger draw--e.g. how to assess sexual health, how to deal with sexual issues without feeling awkward.

Website: Dr. Amber Stevens

Dr. Stevens was absent but indicated nothing major to report.

Marketing/Membership/PR: Dr. Nikki Winchester shared the following:

- Work continues on the social media operating manual.
- CAPP thank you notes have been received from the printer and the first one for a CAPP referral is in the mail!
- Our social media continues to have increased views.

Insurance Managed Care: Dr. Susan Urmetz

Dr. Urmetz shared the following were discussed on the call this month:

- Jim Broyles is working on an issue w/ Anthem and other plans. They sent letters to Out of Network Providers asking them to accept a reduction to a negotiated fee. If the lesser fee was accepted, they promised to process the claims faster. If not accepted or not accepted swiftly, they sent letters to patients saying your provider didn't accept the negotiated fee. This is thought to be a violation of the Prompt Pay Act. Psychologists do not need to respond and do not need to accept the lowered fees.
- APA has discussed problems with self-funded plans. Apparently changes to self-funded plans are regulated at the Federal level and therefore require an act of congress to be changed.

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- Testing company denials – there has been a glitch w/ 96130 on all dates serviced. Use only 1x covers all testing dates. They will determine the # of sessions medically necessary and won't authorize more. Please direct redacted EOB's direct to Broyles when the cause of denial is not clear.
- HPAI codes – Behavioral – paying less for those codes. Non parity w/ regular services.
- Looking at High deductible plans – specifically, are they inhibiting people from getting service. They are gathering information on how many have high deductible plans and which insurance companies are involved.

Other Business:

- *Student Representative:* We've received a resume from a possible candidate. Dr. Sparn will reach out and keep us updated.
- *May board meeting* – Laura will be attending daughter's graduation; Dr. Dahmann has agreed to cover.

The next Board Meeting is Thursday, May 13, 2021.

Respectfully submitted,

Laura Wilson, Executive Coordinator